

LOCAL NAMES

Burmese (thitsein); English (bedda nut tree, beleric myrobalan, belliric myrobalan); French (myrobalan beleric); Javanese (jaha sapi, jaha kebo); Lao (Sino-Tibetan) (nam kieng dam, haen-ton); Malay (jelawai, mentalun, simar kulihap); Thai (haen-khao, samo-hiphek); Vietnamese (b[af]ng n[uw][ows]c, simar kulihap, b[oo]ng d[ee]u, heen, mung tr[awf]ng)

BOTANIC DESCRIPTION

Terminalia bellirica is a large deciduous tree to 50 m tall and a diameter of 3 m with a rounded crown. The frequently buttressed bole at the base is branchless up to 20 m. The bark is bluish or ashy-grey covered with numerous fine longitudinal cracks, the inner bark yellowish.

Leaves large, glabrous, alternate, broadly elliptic to obovate-elliptical, 4-24 cm x 2-11 cm, base rounded to cuneate, rufous-sericeous but soon glabrescent, with 6-9 pairs of secondary veins. Secondary and tertiary venation prominent on both surfaces, clustered towards the ends of branchlets. Petiole 2.5-9 cm long.

Young leaves copper-red, soon becoming parrot green, then dark green.

Flowers solitary, small, 3-15 cm long, greenish white, simple, axillary spikes; calyx tube densely sericeous or tomentulose; flowers appear along with new leaves and have a strong honey-like smell.

Fruit sub-globular to broadly ellipsoid, 2-4 x 1.8-2.2 cm, densely velutinous or sericeous, light-yellow, obscurely 5-angled and minutely brown tomentosa.

The generic name 'Terminalia' comes from Latin word 'terminus' or 'terminalis' (ending), and refers to the habit of the leaves being crowded or borne on the tips of the shoots.

BIOLOGY

The species flowers in October-November and fruits in November-December. The tree sheds leaves in November with young ones appearing together with flowers. Animals eat fruits, thus dispersing the seeds

ECOLOGY

It is frequently found in monsoon forests, mixed deciduous forests or dry deciduous dipterocarp forests, associated with teak (*Tectona grandis*)

BIOPHYSICAL LIMITS

Altitude: 0-1000 m

Mean annual rainfall: 900-3000 mm

Mean annual temperature: 22-28°C

Soil type: It grows best on fertile, loam soils with good drainage; however, it has performed reasonably well on poor soils where the choice of tree species is limited

DOCUMENTED SPECIES DISTRIBUTION

Native: Bangladesh, Bhutan, Cambodia, China, Indonesia, Laos, Malaysia, Nepal, Pakistan, Sri Lanka, Thailand, Vietnam

Exotic:



The map above shows countries where the species has been planted. It does neither suggest that the species can be planted in every ecological zone within that country, nor that the species can not be planted in other countries than those depicted. Since some tree species are invasive, you need to follow biosafety procedures that apply to your planting site.

PRODUCTS

Food: The kernels of the fruit can be eaten but are somewhat dangerous as they have a narcotic effect.

Fuel: The tree yields a good-quality firewood and charcoal with calorific value of sapwood being 5000 kcal/kg.

Fodder: The leaves are highly valued and extensively used as fodder. The farmers lopp side branches, often sparing the main limbs to ensure good growth and future supplies of fodder. The chemical composition improves with the stage of maturity in leaves, which are on the whole considered to be nutritious, palatable and digestible. Leaves contain 9-14% crude proteins and can be used to rear tussar silkworms (*Antheraea mylitta*).

Dyestuff or tannins: The fruit produces tannins and dyes used for leather tanning, dyeing of clothes, matting and inks

Timber: The wood is whitish, rather soft, with a density of 675-900 kg/m³ at 12% moisture content; sapwood and heartwood are not distinct with straight grains. The wood is steeped in water to make it more durable then used for making boxes, furniture and construction.

Medicine: The fruit rind (pericarp) is astringent, laxative, anthelmintic, pungent, germicidal and antipyretic. It is applied in a diverse range of conditions including cough, tuberculosis, eye diseases, anti-HIV-1, dyspepsia, diarrhoea, dysentery, inflammation of the small intestine, biliousness, flatulence, liver disease, leprosy, cleanse the blood and promote hair growth in the Ayurvedic drug. Fruit extracts have anti-bacterial activity against *Micrococcus pyogenes* and *Escherichia coli*.

Cosmetic: The kernel produces a non-edible oil used in toilet soap and is good for hair.

SERVICES

Ornamental: It is grown as an avenue tree.

Intercropping: It has been grown in taungya plantations along with agricultural crops, which may be grown for 2-3 years between the lines of trees generally 3-4 m apart.

TREE MANAGEMENT

The species is a light demander and fairly drought resistant. It coppices well after pollarding especially if planted on a wide spacing. Spacing of 3-4 m apart in pure plantation is common. Good protection from grazing is required.

GERMPLASM MANAGEMENT

Seed storage behaviour is recalcitrant. There are about 176-420 seeds/kg.

PESTS AND DISEASES

Several insect pests reported for this species include *Macalla carbonifera*, *Thamnurgides indicus*, *Thamnurgides opacifrons* and *Trabala vishnou*

FURTHER READNG

- Anand KK, et al. 1994. Hepatoprotective studies of a fraction from the fruits of Terminalia belerica Roxb. on experimental liver injury in rodents. *Phytotherapy Research*. 8: 287-292.
- Ginoga B. 1996. Machining properties of nine wood species originated from West Nusa Tenggara. *Buletin Penelitian Hasil Hutan*. 14(2): 47-51.
- Hocking D. 1993. *Trees for Drylands*. Oxford & IBH Publishing Co. New Delhi.
- Kamal Sharma, Sanjeev Thakur, Badiyala SD, Sharma NK, Sharma K, Thakur S. 1995. First report on the propagation of Terminalia chebula Retz. through patch budding. *Indian-Forester*. 121(8): 760-761.
- Lemmens RHMJ and Wulijarni-Spetjptoed. 1991. Dye and tannin producing plants: Plant Resources of South-East Asia. No. 3. Pudoc Wageningen. Netherlands.
- Lemmens RHMJ, Soerianegara I, Wong WC (eds.). 1995. Plant Resources of South-east Asia. No 5(2). Timber trees: minor commercial timbers. Backhuys Publishers, Leiden.
- Misra N. 1986. Mycoflora associated with stored fruits of Terminalia bellirica (Gaertn.) Roxb. *Proceedings Of The National Academy Of Sciences India. Section B*. 56(2): 157-159.
- Naidu CV and Swamy PM. 1994. Effect of seed oil cakes as fertilizer on growth and biomass production of Terminalia bellirica (Gaertn.) Roxb. *Indian Forester*. 120(12): 1084-1088.
- Naidu CV, Swamy PM. 1995. Seasonal variation of growth characteristics in some selected tree saplings. *Indian Forester*. 121(9): 797-801.
- Negi AK, Todaria NP. 1997. Effect of seed size and weight on germination pattern and seedling development of some multipurpose tree species of Garhwal Himalaya. *Indian Forester*. 123(1): 32-36.
- Shaila HP, Udupa AL, Udupa SL. 1995. Preventive actions of Terminalia bellirica in experimentally induced atherosclerosis. *Int J Cardiol*. 49(2): 101-6.
- Valsaraj R, Pushpangadan P, Smitt UW, Adsersen A, Christensen SB, Sittie A, Nyman U, Nielsen C, Olsen CE. 1997. New anti-HIV-1, antimalarial, and antifungal compounds from Terminalia bellirica. *J Nat Prod*. 60(7): 739-42.
- Valsaraj R, Pushpangadan P, Smitt UW, Adsersen A, Nyman U. 1997. Antimicrobial screening of selected medicinal plants from India. *Journal of Ethnopharmacology*. 58(2): 75-83.

SUGGESTED CITATION

Orwa C, A Mutua, Kindt R, Jamnadass R, S Anthony. 2009 *Agroforestry Database: a tree reference and selection guide version 4.0* (<http://www.worldagroforestry.org/sites/treedbs/treedatabases.asp>)